

## О настроении на английском

Hello my dear friends! I have a question for you? Do you like Autumn?

To be honest I've never liked this time of year. For some reason I'm always a little depressed from September till December. I don't know why. It just happens to me year by year. But some people really like Autumn. I don't quite understand them actually 😊

Sorry for all these thoughts guys 😊 I'm not talking about Autumn today. In this post I'm going to speak of our mood! How do you usually talk about your feelings? I'll share with you some useful words and phrases about it.

First of all what is mood? The mood is a state of your mind. It's your feeling and emotions that you might have at the moment.

If you're upset you can say:

Sorry, I'm not in the mood today.

I'm sad.

I feel blue.

If your mood is good you can say:

I feel good today.

There are people with very changeable mood. In this case you can say they're moody.

He's moody. Keep it in mind.

If someone is sad, you can say:

Don't be sad, my friend! Cheer up!

That's it my friends! Keep learning English and take care!